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Diary Dates

March

- 2nd – Ardtornish Children's Centre AGM, FACE Meeting 3.15pm
4th – Room 18 & 24 Excursion – Wingfield Waste & Recycling Finance Meeting 3.15pm
9th – Public Holiday
10th – 12th Rm 9 & 10 Aquatic Camp
12th – Volunteer RAN Training Incursion – National Motor Museum 19, 21, 22
13th – Sports Day
16th – Harmony Week
20th – Assembly
23rd – Onwards Parent / Teacher / Student Interviews

Road Crossing Monitors

Wed 26th Feb – Tue 3rd Mar
Rylen H, Matthew G & Hayden P

Wed 4th Mar – Tue 10th Mar
Minela S, Cooper T, Sonia D

Wed 11th Mar – Tue 17th Mar
Kobe G, Riley B, Tate R

Please arrive by 8.25am

The SRC Executive - Our Student leaders

The **14** students who form the SRC Executive are important leaders in our school. They bring skills, talents, commitment and ideas to the task of promoting the voice of all students across the school.



Pictured here are the students on the Executive at the completion of a task designed to help them identify what skills they would need to use to be effective team members.

One task was to make a piece of clothing from newspaper and the other was to make a model of an animal. Each team only had 6 minutes to do this.

As one team undertook their task the other observed them. They made notes about the groups skills they saw being used and fed this information back. They listed a wide range of skills such as suggesting ideas, encouraging each other, knowing when to step back and when to give advice, as well as keeping an eye on the time.

This week they undertook training to learn more about Leadership skills, improvement processes and team work. During this training the students reflected on what they wanted to achieve over the year. They focussed on how they could improve the physical, social, interpersonal and learning environment at Ardtornish. Watching these students interact and discuss their role was inspiring as they are so committed to identifying how to make our school a better place to be.

To become a member of the executive group, students in years 6/7 write an application for the position. In their submission they must present evidence to show that they have the qualities necessary to be effective representatives. The selected executive members are responsible for running SRC meetings three times a term, and planning and managing the SRC's work.

Classroom representatives are elected to attend the SRC meetings by their classmates because they display positive leadership qualities and a willingness to make a difference in school and greater community. They share their class views and present ideas and strategies to improve life and learning at Ardtornish. Student voice is important in ensuring that students have input into our school's processes and procedures and can also choose to raise funds to support charities.

Parent / Teacher / Student Interviews

Each year, "Three-way" conferences are held in Term 1. These meetings give parents an opportunity to meet formally with their teacher and child at the same time. Students are present at these conferences to increase their involvement in their learning and become more aware of how parents and the school can work together to support them, as all parties jointly review their progress and set goals for their learning.

Notes will go home soon. Interviews will be held starting from Monday 23rd March.

Excursion and Incursion Update			
ACTIVITY	DATE/S	STUDENTS INVOLVED	LAST PAY DAY 4pm
Murraylands Aquatic Camp	10/3 -12/3	Rm 9 & 10	3/3/20
Wingfield Waste	4/3/20	18 & 24	2/3/20
Pottery		Rm 3, 22 & 26	13/2/20
The Little Mermaid	2/4/20	Foundation - Yr 5/6	1/4/20
Hawker Vans	12/3/20	Rms 19, 20, 21, 22	5/3/20
Dance EDU	11/3/20	Rm 7 & 8	11/3/20

CANTEEN ROSTER

Tuesday 3rd Michele S
 Wednesday 4th Mary-Anne R
 Thursday 5th Evelyn C, Natassya H
 Friday 6th Stacey C, Rhonda P, Jenni F

Tuesday 10th Michele S
 Wednesday 11th Clare T
 Thursday 12th Ling C, Saijai K
 Friday 13th SPORTS DAY

Help needed for Sports Day Pop up Canteen and BBQ

We are looking for some help from parent/grandparent volunteers who could help cook or serve at the BBQ on sports day. Friday 13th March. If you could spare 1 hour that would be greatly appreciated.

Complete a form at the front office. For more information or any questions please email Mary-Anne face@ardps.com.

Volunteer RAN Training Sessions

If you would like to help out in your child's classroom with transport, camps, in the library or canteen etc. you need to have a child related police clearance (working with children check for volunteers) and be RAN trained. Child related police clearance forms are available from the front office. This is a Department for Education requirement.

It is mandatory to attend a training session as part of becoming a volunteer.

You only ever need to attend once unless there is a change to the course, which you will then be notified about.

RAN stands for Responding to Abuse and Neglect. The RAN training for volunteers induction session outlines for volunteers their child protection responsibilities and provides guidelines on protective practices. You will receive a RAN Certificate after completing this training session.

These sessions are run each term and are advertised in the newsletter and Google+.

Please register by phoning the front office, 8264 8099, sending a text to 0447 467 152 or come into the office to add your name to the list.

Volunteer sessions are being held on:

Thursday 12th March - 9am, 2pm and 6pm

Please meet at the front office before the start of your session time. Each session lasts about 60 minutes.



Cycle Saturday

It's free & there's a BBQ (veg option)



Sat 14 March

10 - 11:30am

& 12 - 1:30pm

**In front of the
Ardtornish PS school
gym (Saarinen Ave)**

BYO bike, enclosed shoes & helmet

Join Lee Anne from **rideabikeright**

CYCLING SAFETY EDUCATION

Learn to ride safely, develop confidence & skills - school circuit for more confident riders

9:45

11:30

11:45

1:30pm

Registrations for 'Learn to Ride' children

Free BBQ/Veg food

Registration for Skills Riding children who can ride a bike without training wheels
Finish

NB Cancelled — if morning rain (not showers) predicted

Bookings essential — spaces are limited to 15 per group

**Ardtornish Children's Centre,
2 Saarinen Avenue, St Agnes
or call 82649828, SMS 0409984495**

See our Facebook page, drop in anytime or give us a call if you would like to find out more about our activities & sessions. We are always interested to hear thoughts about how we might support and work with you, your young children and family.

Cheers,

John Buckell

Community Development Coordinator

82649828, 0409984495 or email john.buckell@sa.gov.au

Pedal Prix - Cake Stall

Pedal Prix is running a cake stall in the gym on Sports Day – Friday 13th March and we would love your help. Are you able to donate any baked goods for us to sell at our stall?

Can you spare an hour to help us run our stall? Please bring any donations, cupcakes, slices, biscuits to our stall in the gym on Thursday 12th March from 3.00pm or on Sports day from 8.30am. Please label containers and include brief ingredient list. Please contact us at pedalprix@ardps.com if you can help!

Thankyou for your support!



Sports Day – Friday 13th March

Sports Day booklet will be put on Skoolbag and Google+ soon.

Tolley

Angus

Newman

Kerr

Sports Day Program

- 8:50 Students assemble in classrooms for Administration tasks.
 9:00 Whole school welcome, warm-ups and war cries in Team groups on the Primary courts.
 9:20 Proceed to ovals with teachers. Primary events begin.
 9:30 Junior Primary events begin.



Adjusted Recess:

Junior Primary and Primary 11:00 – 11.20 – outside play
 Oval and Gym equipment out of bounds - Foods available as advertised on map

- 11:20 Students return to classrooms.
 11:30 Primary tabloid events continue.
 11:30 Junior Primary tabloid events continue.
 12:30 Junior Primary tabloid events conclude.
 Return to classroom and teachers supervise lunch.
 Teachers return equipment to the Sandpit area.
 1:15 Primary tabloid events conclude.
 Return equipment to the back sports shed from your last event.



1:15 - 1:45 Lunch: Canteen open – hot food available **NO ORDERS TODAY.**

Pre-ordered (QKR Only) Sausage Sizzle meals to be collected by classroom monitors F-2 12pm, 3-7 1:15pm.

- 1:45 Assemble in house groups along Sprint Track. Staff to supervise.
 2:00 1. Sprint Finals Yr 3 (60m); Yr 4/5 (80m); Yr 6/7 (100m)
 2. Super Relay Race
 3. Caber & Battle Axe Toss
 2:45 Trophy Presentation
 2:55 Return to Class years 3-6
 Pack up Grounds - Yr 7s
 3:00 Dismissal by class teacher



All Years 3 to 7 students remain at school until 3.00pm
 Reception to Year 2 students, may be taken home by their parents once their activities are finished.
 Supervision will be available for all students until 3.15pm.

Parents must sign their child out, with their Class Teacher, before taking them home.

Fundraising Food and Drinks Available on Sports Day

Main Canteen: Students and Families can buy food without pre-ordering

Various hot foods: sausage rolls, pies as well as salad rolls and sandwiches, GF options, ice-creams and slushies.

POP - UP Canteen

On the edge of the Oval - Packets of chips, cookies, bottles of water and more.

PEDAL PRIX CAKE STALL

Tea, Coffee, Cakes, biscuits and slices are for sale in the GYM all day
 Come along, sit down and enjoy a break!



FACE BARBEQUE

Come & enjoy a meal:
 Sausage on bread
 Gourmet sausage on bread
 Bacon & Egg Sandwiches

Cans of soft drink and Powerade on sale throughout the day near the ovals.

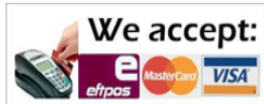
Main Canteen

Varied Hot Foods- Sausage Rolls, Pies, Salad Rolls & Sandwiches, GF Options, ice creams, slushies

Pop-Up Canteen

Packet chips, donuts, cookies & more, will be available all day on the oval.

NO LUNCH ORDERS



Tracey's Care Column



Many families argue at times and this is normal part of family life. Disagreeing with someone and feeling angry is normal. It can be one of the ways people work out their problems, but domestic violence or family violence is more than just arguing. It is actions or words that hurt, scare, control, degrade or bully others.

When abuse happens, victims may blame themselves or 'play down' the effect on them. Abusers may also 'play down' what they do, or pretend it isn't happening or blame the victim for their actions.

Everyone in the family is harmed by family violence. Children are harmed even if they don't directly see or hear the violence. The stress of violence can lead to problems with children's emotions, behaviour, brain development and learning. The impact can last a lifetime. Violence makes home life unpredictable for children. It can make them anxious and affect how they think and learn, and how they relate to others. It can increase their aggression and make it harder for them to learn how to control their own feelings and actions. They are also harmed by the stress and worry of people they love being hurt or upset.

It would be wrong to think that someone who uses violence in the family can't control their anger. However, they are not usually violent to others outside the home. They restrain themselves with others but use violence to control family members.

Family violence rarely goes away without help. It often gets worse unless the person using violence changes their thinking and how they behave. Help is available.

Please use the following link to find out more information about the cycles of violence, their effects on families and how you can help yourself and help your children.

<https://parenting.sa.gov.au/easy-guides/family-violence-parent-easy-guide>

- Police Phone: 000 if in immediate danger
- 1800 RESPECT Phone: 1800 737 732
www.1800respect.org.au Information, Support, Telephone and On-Line Counselling, Daisy App
- Holden Hill Police Family Violence Investigation Service
 Phone: 8207 6150
- Domestic Violence and Aboriginal Family Violence Gateway Service Phone: 1800 800 098 24 hours/7 days
www.gatewayservices.org.au
- Mensline Australia for men experiencing family violence or who want help
www.mensline.org.au/changingforgood/resources/ Phone 1300 015 120
- Migrant Women's Support Service Phone: 8346 9417

All family members have the right to feel safe, and remember you are not to blame for someone else's violence or abuse. If you would like a confidential chat, please phone me at the school 8264 8099 and I will return your call as soon as possible or come to the front office and ask to see me. You are not alone.

Information taken from Parenting SA Website

Journeying together ☺
 Tracey Cooper
 Pastoral Care Worker

Room 5 - Foundation

In maths we have been working on our first top 5.

- I know where numbers are used every day
- I can touch – count to 9
- I can find the numbers 1-9 on a number strip
- I can subitise small groups of objects
- I can make groups that are easy to subitise



We had in depth discussion about where we find numbers and how important they are in our life every day. We went for a number hunt around the school, found numbers in our classroom and talked about numbers at home and when shopping.

