

# Ardtornish Newsletter

Term 2 Week 5 1st June 2018.

No: 8

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## **Diary Dates**

## June

8th - PUPIL FREE DAY

11th - PUBLIC HOLIDAY

15th - Choir Assessment

17th - Pedal Prix

20th - SAPSASA Boys Football Carnival, Zoo Snooze Rm 24

21st - Zoo Snooze Rm 18

25th – Governing Council 7pm

27th - Volunteers Morning Tea

28th - School Photos

29th - School Group Photos, Assembly 10am

#### July

4th - Island Dreaming Performance, SAPSASA **Touch Footy** 

6th - Last day of Term 2

## **Road Crossing Monitors**

Tue 12th June - Mon 18th June Carlos G, Djuro D, Riley D

Tues 19th June - Mon 25th June Matthew M, Jacob G, Corvin T

Tues 26th June - Mon 2nd July Jelena D, Ayla W,

Please arrive by 8.25am

# Reducing Waste at Ardtornish

In Term 1, Room 30 examined our class waste looking at what rubbish and waste we had at the end of a day.

At the beginning of Term 2 we began our composting program for the entire school, after an incredible donation from the Brodie-Tyrell family of two compost tumblers.



Each class has a compost tub for fruit and vegetable scraps. The students in Room 30 collect the

compost twice a week and they are emptied. The compost barrels are turned and when it has decomposed, we will spread the compost in the new garden plots.

We have been surprised with the amount of fruit and vegetable scraps in the class tubs across the school. We have already completely filled one of the tumblers. We have noticed that there are whole pieces of fruit going into the composting containers.

Please talk to your children about eating all of their fruit or consider cutting the fruit up and putting it into a reusable container.

## Reduce our waste with Plastic-Free Lunches!

KESAB Environmental Solutions is offering to conduct a 1 ½ hour evening session at Ardtornish Primary School to inform and educate our school community on Plastic Free Lunches as a part of the Wiping Out Waste program. The session will be held in the library at a date and time to be determined later in this term,

once we have received back the level of interest. If you are interested in attending, please call the Front Office (8264-8099) and we will add you to the list.







Pupil Free Day - Friday 8th June

Excursion and Incursion Update			
ACTIVITY	DATE/S	STUDENTS INVOLVED	LAST PAY DAY
Zoo Snooze	Rm 24 - 20/6 Rm 18 - 21/6		8/6/18
Island Dreaming	4/7	all	3/7
Enterprise Fun Day	6/6	all	5/6

#### CANTEEN ROSTER

Tuesday 5th Wednesday 6th Thursday 7<sup>th</sup> Friday 8th

Michele S Michele S Simon S. Emma S **PUPIL FREE DAY** 

Tuesday 12th Wednesday 13th Thursday 14th Friday 15<sup>th</sup>

Michele S Mary-Anne R Emma S

Rhonda P, Stacey C, Leisel R

# Principal's Award



## Week 5 – Respect



Joshua A, Isla G Maggie M, Tyler B Falyn M, Harry M Krishea C, Maddison J Molly H, Rhea V Isabelle C, Karel W Tyler V, Havana S Penny R-R, Jack W Tania N, Tyson W Amalie R, Cooper F Hayley N, Cooper H Evie C, Mitchell C Vicky R, Kalen J Alyssa F-G, Erin M Charlie R, Rose B-L Muhammad K, Cameron K Kalen J, Lalita T Kalen J, Lalita T Riley J, Jacob G, Chelsea H, Elliot W-B



Asten S, Charlotte G

Jasmine W, Liam G

Cielle P, Jordyn C

## **Netball News**

Tayah G, Maddison P

Skye H, Jada R

We are looking for anyone who would like to coach or play in a netball team of any age. Coaches for under 7 & under 9 don't need any experience. They really just need a parent to put

bibs on them every week and collect the money.

If you are interested in either becoming a coach or playing in an Ardtornish netball team, please contact the front office and we will forward your details on to Kym Mcleod our Netball Coordinator.



21 Days to Happier Families – an online course for dads, mums, carers and their children to take some structured time to care for themselves and the relationships that matter most.

**Bringing Up Great** Babies - a five week Wednesday morning course starting next Wednesday, 6 June, looks at understanding the needs of babies and how to address these positively and more confidently, while caring for yourselves.

## BRINGING UP GREAT BABIES

Building understanding & positive relationships to develop babies' resilience and self-esteem



parents & carers **Five Wednesdays** 

> from 6 June 9:30am for 10am-12pm To find out more, call John or Natalie on 8264 9828 at the Ardtornish Children's Centre, 2 Saarinen Avenue. St Agnes

#### Other Stuff

Grow Up Smiling (GUS) Dental Outreach - will be at the Children's Centre from 26-28 June. An approved adult MUST accompany your child to the dentist. Registration forms for new families are available from the Centre. Families already registered will be send a reminder letter.

Vegan Cooking Snack – Amy's sessions were popular and well supported by parents. We discussed the possibility of holding this again - but it will likely be in 2019

If you have any questions about your younger children we are here to assist. Drop in or give us a call to find out more, or to book for activities. Updated information at our Facebook page.

## **Baby Playgroup**

For dads & mums and their children to walking age



Mondays & Thursdays 9:30-12:00pm

School term

## Ardtornish Children's Centre, 2 Saarinen Avenue, St Agnes

Share experiences, questions and ideas, develop your child's skills, hear occasional speakers, play and sing with your baby and local parents

For more information call Jo or John on 82649828 or call/sms 0409984495

John Buckell

82649828, 0409984495 or email john.buckell@sa.gov.au

## **Reconciliation Week**

This year during National Reconciliation Week  $27^{th}$  May  $-3^{rd}$  June, Reconciliation Australia invited all Australians to learn more about Aboriginal and Torres Strait Islander cultures and histories, to share that knowledge and help us grow as a nation.

This year's theme, "Don't Keep History a Mystery: Learn. Share. Grow" explores history hidden just beneath the surface, ready and waiting to be uncovered.

On Friday the 25th May 2018 Aboriginal Students from our school participated in the commemoration National Sorry Day in the north. It started with a ceremony at Stebonheath Park followed by a memorial walk through the gardens and John Hartley School.

This week we have had activities run by Zoey Bonney our ACEO and SRC including Basket weaving and flag painting. Students from all classes enjoyed sharing and participating in aspects of Aboriginal culture. Thank you to Zoey and our SRC for their planning and organisation.

















# Physical Education

Recently at the beginning of our PE lessons I have been conduction a jogging activity to observe our students cardiovascular system. Courtesy of ARCPER (Victorian Branch) this is the message I have been passing on in PE lessons.

# Overweight and Obesity among Children and Young People

The prevalence of overweight and obesity among Australian children has risen dramatically in recent years. Approximately 20-25% of children aged 6-17 years are now classified as overweight or obese. Children and adolescents who are overweight are more likely to be overweight and obese as adults. They have an increased risk of heart disease, high blood pressure, stroke, diabetes, some types of cancer and gall bladder disease.

### **Physical Inactivity**

Physical activity levels among Australian Children are decreasing as they are exposed to an ever growing range of sedentary alternatives to physical activities. These include television, chat rooms, mobile phones, computer games, the internet and homework online.

Physical inactivity increases the risk of dying prematurely, dying of heart disease, developing colon cancer and high blood pressure (Centre for Diseases Prevention.)

Children who are encouraged to be physically active and develop a love of participation are more likely to maintain participation into Adulthood.

Mr Halliday



NO Dogs Allowed



Please remember that no dogs are allowed on school grounds.

# A few of Room 5's Foundation Maths Activities.



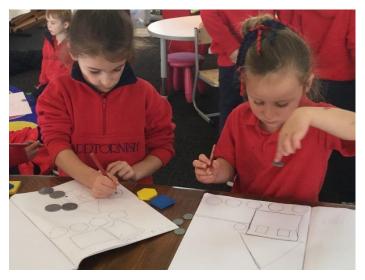
Sorting



Sharing our paper folding shapes



Sharing our work



Creating pictures with shapes



Creating with shapes

