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### Diary Dates

#### June

28<sup>th</sup> – Disco Yrs 3-7

#### July

3<sup>rd</sup> - Volunteers Morning Tea

5<sup>th</sup> - Last Day Term 2, 2.15 pm Dismissal

22<sup>nd</sup> - First day of Term 3

24<sup>th</sup> - 25<sup>th</sup> - Basketball Championships

29<sup>th</sup> - 2<sup>nd</sup> - Primary Swimming

#### August

5<sup>th</sup> - Governing Council Meeting 7pm

7<sup>th</sup> - Footsteps

12<sup>th</sup> - PUPIL FREE DAY

19<sup>th</sup> - Bookweek

### Road Crossing Monitors

**Wed 31<sup>st</sup> July – Tue 6<sup>th</sup> Aug**

Jett C, Corvin T, Beatrice Y (am) and Tyson W

**Wed 7<sup>th</sup> Aug – Tue 13<sup>th</sup> Aug**

Zac S, Levi H, Matthew G

**Wed 14<sup>th</sup> Aug – Tue 20<sup>th</sup> Aug**

Lily H, Ayla W, Erin H

**Please arrive by 8.25am**

## The SRC Executive - Our Student leaders

The ten students who form the SRC Executive are important leaders in our school. They bring skills, talents, commitment and ideas to the task of promoting the voice of all students across the school.



*Pictured above are the Executive members undertaking a team problem solving activity.*

This week they undertook training to learn more about Leadership skills, improvement processes and team work. During this training the students reflected on what they wanted to achieve over the year. They focussed on how they could improve the physical, social, interpersonal and learning environment at Ardtornish. Watching these students interact and discuss their role was inspiring as they are so committed to identifying how to make our school a better place to be.

To become a member of the executive group, students in years 6/7 write an application for the position. In their submission they must present evidence to show that they have the qualities necessary to be effective representatives. The selected executive members are responsible for running SRC meetings three times a term, and planning and managing the SRC's work.

Classroom representatives are elected to attend the SRC meetings by their classmates because they display positive leadership qualities and a willingness to make a difference in school and greater community. They share their class views and present ideas and strategies to improve life and learning at Ardtornish. Student voice is important in ensuring that students have input into our school's processes and procedures and can also choose to raise funds to support charities.

### The most successful kids have parents who do these 3 simple things

Things that Ardtornish Primary already supports

#### They ensure their kids exercise

Kids need regular moderate-to-vigorous physical activity every day. In addition to health benefits including less body fat, moving their bodies is good for children's brains. Kids who are active have improved cognition, academic performance and memory. Parents who encourage and support their children to engage in sport, dance or other physical exercise help them develop both physically and socially. At Ardtornish students are encouraged to be active and physically engaged.

#### They get their kids to practice hard things

The habit of practice is what builds those traits. Deliberate practice best helps kids achieve the most academically, as well as make greater gains in motor skills as it involves a child working on things they're not good at, versus repeating things that are easy for them. It necessitates full concentration. Doing something difficult allows kids to see their growing skills as they work on weaknesses until their goals are reached. Kids need to expect and accept failure, which is inherent in learning, as well as anticipate and tolerate frustrations. They need to know that successful people don't get where they are on sheer talent. At Ardtornish we teach students to view the world with a Growth Mindset, so they come to see success as an outcome of effort not some natural inbuilt talent.

#### They read aloud to their kids

Parental reading lowers aggression, hyperactivity and attention problems, all problems. When parents read with their children, they provide them with opportunities to think about characters and the feelings of those characters. They also learn to use words to describe feelings that can be difficult, and this enables them to better control their behaviour when they have challenging feelings like anger or sadness. At APS our strong focus on independent reading through the '40 Book Challenge' and the 'Premier's Reading Challenge' gives parents a great opportunity to talk to kids about reading and read along with them.

Excursion and Incursion Update			
ACTIVITY	DATE/S	STUDENTS INVOLVED	LAST PAY DAY
Adare Camp	11-13 Nov	Rm;s 21, 30 & 31	1 <sup>st</sup> Nov

### Babies Playgroup

Baby Playgroup will be open Thursdays (not Mondays) in the School Holidays and we can use the kindy out door space if the weather is fine.

### School Hols stuff

- Tea Tree Gully Library school holiday program is always interesting, including Dr Seuss story time, stay & play and a youth face painting workshop, but book early [https://www.teatreegully.sa.gov.au/Events\\_and\\_places/School\\_holiday\\_program](https://www.teatreegully.sa.gov.au/Events_and_places/School_holiday_program)
- To find a new and interesting playground in Adelaide see <https://adelaideplaygrounds.com.au/>
- [Kids in Adelaide, although a little more commercial has some interesting ideas see https://www.kidsinadelaide.com.au/adelaide-school-holidays/](https://www.kidsinadelaide.com.au/adelaide-school-holidays/)

### On-Line Safety

School holidays might include a dose of internet use - do consider these safety tools and advice.

- To explore the tricks used in websites and apps that make users buy or sign up for things that you didn't mean to, see Dark Patterns at <https://proxy.duckduckgo.com/ip3/www.darkpatterns.org.https://www.darkpatterns.org>
- The Raising Children Network has some reliable words at <https://raisingchildren.net.au/school-age/play-media-technology/digital-safety/internet-safety-6-8-years>
- Or the government esafety website <https://www.esafety.gov.au/> has advice for parents about a range of electronic device use and abuse including mobile phones and the internet

### New Term Program

The term 3 program will be on Facebook and available in the Centre from the end of next week. We are considering a Face Painting session – if anyone is interested in learning the basics give us a call and if numbers permit we will run a session after school drop-off or pick pick-up time. The fermented products session will be held when the weather is warmer.

John Buckell

Community Development Coordinator

82649828, 0409984495 or email [john.buckell@sa.gov.au](mailto:john.buckell@sa.gov.au)

## CANTEEN ROSTER

Tuesday 2<sup>nd</sup> Michele S  
 Wednesday 3<sup>rd</sup> Mary-Anne R  
 Thursday 4<sup>th</sup> Megan K, Emma S  
 Friday 5<sup>th</sup> (Meal Deal) Emma S, Michele S

Tuesday 23<sup>rd</sup> Michele S  
 Wednesday 24<sup>th</sup> Mary-Anne R  
 Thursday 25<sup>th</sup> Tai M, Chantelle W  
 Friday 26<sup>th</sup> Kellie F, Josie D



**ICAS ASSESSMENTS™**  
New online payment for parents

ICAS are excited to launch an online direct payment facility for parents for the ICAS Competitions. Parents will be able to access select tests and make payments through the Parent Payment System from May 2019 to the end of July 2019. Click here [unsw.global/parentpay](https://www.unsw.global/parentpay) and enter the access code **5b8cc88985**.

(When entering details you do not need to enter the student number. Just leave blank.)

The following assessments/competitions recognising academic excellence and provide addition challenge for students. Tests are from year 2 – year 7. Click on the above link to see what tests are available for the year level your child is in. Tests are \$15.95 each.

### Test sitting dates are:

Digital Technologies - 3rd September

Science - 5th September

Writing - 10th September

Spelling - 12th September

English - 17th September

Mathematics - 19th September



## Physical Education

Reminder - on the days your child/ren has PE please make sure they wear the correct footwear, sneakers.



## Lost Property

If your child has lost any items, jumper, drink bottle, lunch box etc please look through lost property before the end of the term.

**Lost property will also be put outside of the gym on Friday 5<sup>th</sup> July.**

## Pumpkin Soup

Will now be Monday Week 2, Term 3 (instead of next Monday of week 10, because of the strike)  
Cost is \$2. Pay by QKR!



**Last Day Term 2 - Friday 5<sup>th</sup> July 2.15pm Dismissal**

## Trumpet/Trombone Lessons

If your child is interested in learning Trumpet or Trombone lessons please come and collect an enrolment form from the front office. Lessons will start in Term 3.





# CASUAL CLOTHES DAY

**Week 10 Thursday, July 4th**

Dress in yellow or wear casual clothes

Pay a gold coin donation.

Make sure you wear sun safe and appropriate clothes for school

**All funds raised will go to Cancer Council**



# School Card 2019

The school card scheme offers financial assistance with school fees (materials and service charges) for students attending government schools in that year.

If you think you are eligible for school card come into the office to complete a form. Or click this link to complete the online version.

<https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme> and then click applications, Form A Income Audit – Online Version.

Below is the income limits for applications lodged in 2019, based on the families gross income in 2017/2018. To qualify for school card your families gross income must be below a certain limit. This limit depends on how many dependent children you have.

Number of dependent children	Gross annual income limit	Gross weekly income limit
1 child	\$59,432	\$1,143
2 children	\$60,493	\$1,164
3 children	\$61,554	\$1,185
4 children	\$62,615	\$1,206
5 children	\$63,676	\$1,227
More than five children	Add \$1,061 for each dependent child	Add \$21 for each dependent child

There is also a Form B Hardship, change of circumstances or are self-employed. This form is for people who, have experienced a significant change of financial circumstances from July 1<sup>st</sup> last year until the end of February this year. E.g. Unemployment.

You will need to provide proof of income – eg. Payslips or Centrelink information.

## Canteen Subway Meal Deal \$7.90

**Friday 5th July 2019  
(Last day of Term 2)**

Please note - there will be NO other items available for lunch order on this day!



**QKR! orders preferred**

or in person with cash over the canteen counter only

Choose From:

- > white or wholemeal bread 6" roll
- > ham / turkey / roast beef
- cheese - lettuce - gherkin
- tomato - cucumber - onion
- > Sauce: mayo, tomato, bbq, honey mustard, 1000 island



**Plus:** a frozen juice cup and cookie

**ORDERS MUST BE IN BY  
12:00 noon Wednesday 3rd July 2019  
NO LATE ORDERS ACCEPTED DUE TO  
ORDERING DEADLINE FROM SUPPLIER**



**Assembly  
Friday 5<sup>th</sup> July - 10am**

**Simply Football** MEGA COURTS INDOOR SPORTS

**STREET SOCCER**

**WHO:** U/9 to U/13  
**WHERE:** MEGA Courts  
**WHEN:** Friday 19th July 9:30am to 12:30pm  
**COST:** \$30 / player  
**CONTACT:** Adrian 0402 418 580

**Basic Rules:**  
 4-a-side (No Goal Keepers)  
 Team loses a player when conceding a goal

# Room 18 and 24 visit the wonderful “Narnu Farm”

In Week 8, Rm 18 and 24 were fortunate enough to spend three days at Narnu Farm.

Some people may think that school camp is a time for a break from education, but the reality is there is more time for education!

All children were exposed to new activities, they may not have tried before, and without Mum and Dad there they had to become a bit more adventurous and confident to try new things. Having the opportunity to experience hands on activities in the outdoors facilitated learning by stimulating all senses.

The students had great fun being involved in a huge range of activities around the farm. Some of their favourite activities were having a horse-riding lesson and being able to then take the horses out on the farm trails.

They also fed all the animals, collected eggs, made butter and had lots of nature play.

It’s one thing to spend 6 hours with class mates at school but on camp, sharing travelling time, meal times and accommodation teaches the value of getting along and having respect for one another.

Through team work activities students got to strengthen existing friendships and develop new ones by playing and having shared experiences with children they may not have spent much time with previously. This experience strengthens relationships for the rest of the year.

Driving around on the back of the Vintage Truck to feed the horses was a highlight of the camp. This was a great experience for all the students, and we need to give a big ‘thank you’ to our helpers, we couldn’t have done it without you!

People were so exhausted that everyone was asleep by 9.30 pm on the second night.

Mrs Agaciak and Mrs Bradshaw also went home totally exhausted and spent the weekend catching up on sleep.

