



# Ardtornish Newsletter

Term 3 Week 3 – 10th August 2018.

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No: 12

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## Diary Dates

### August

13<sup>th</sup> - Author Visit Rm's  
7,8,30,31,24,9,10,11  
14<sup>th</sup> - Christine Harris Visit Rm's  
30,31,11,9,10,11  
15<sup>th</sup> - Michael Panckridge Visit  
Rm's 30,31,11,9,10,7,8  
17<sup>th</sup> - SAPSASA Netball  
20<sup>th</sup> - Bookweek, Canteen Meal  
Deal, FACE Meeting 3.30pm  
22<sup>nd</sup> - Sports Committee 7pm  
24<sup>th</sup> - Book week Assembly, Choir  
@ Magic Millions  
29<sup>th</sup> - Father's Day Stall

### September

3<sup>rd</sup> - PUPIL FREE DAY  
7<sup>th</sup> - Room 22 Migration Museum  
10<sup>th</sup> - Governing Council 7pm

## Road Crossing Monitors

**Tue 21<sup>st</sup> Aug – Mon 27<sup>th</sup> Aug**  
Cooper A, Kye S & Jackson D-F

**Tue 28<sup>th</sup> Aug – Mon 3<sup>rd</sup> Sep**  
Emily R, Lily H & Aaliyah B

**Tue 4<sup>th</sup> Sep – Mon 10<sup>th</sup> Sep**  
Hannah G, Rhys V, Hayden N

**Please arrive by 8.25am**

## School Support Staff Week

Next week we are formally recognising the wonderful contribution School Support Staff make to our school community. It is a time to celebrate the work and contributions they make to public education. Support Staff undertake a wide range of roles in our school, focussed either around administration or curriculum support.

As admin support officers they help to coordinate, plan and run a wide range of school functions e.g. looking after student medications, diabetes management, the grounds, organising special functions, monitoring facilities, tracking our finances, managing our canteen and much, much more, the list is endless.

Curriculum support includes keeping our computers running, pottery classes, co-ordinating Pedal Prix, providing special needs support and working with large and small groups of students as well as providing one on one tutoring for others. The skills dedication and energy that our Support Staff bring to their work in supporting student learning and wellbeing makes a significant difference to student achievement.

Best of all, support staff at Ardtornish work as a collaborative team sharing roles and generously stepping into support each other and staff as the need arises. On behalf of the whole school community I would like to acknowledge the appreciation we have for each and everyone of them.



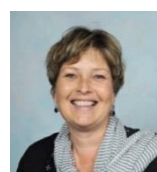
Irena Anderson  
Classroom  
Support



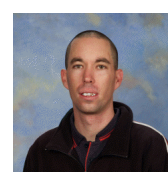
Mandy Arcsott  
Classroom  
Support/Library



Sue Belshaw  
Classroom  
Support



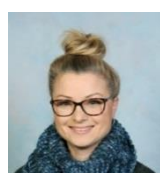
Tracey Cooper  
CPSW



Paul Day  
Groundsman



Cathie Ettridge  
Front Office



Sonya Freytag  
Classroom  
Support



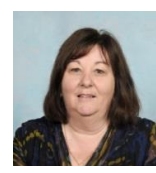
Vanessa Hay  
Front Office



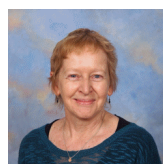
Cristy Inkster  
Classroom  
Support



Karen Johnson  
Classroom  
Support



Michele Kranjac  
Finance



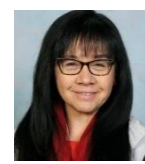
Judy Lukacs  
Library



Natalie Reynolds  
Classroom  
Support/Front  
Office



Jack Richardson  
Classroom  
Support/Pedal  
Prix



Michele Smale  
Canteen



Sarah Sneyd  
Classroom  
Support



Scott Trengrove  
IT



Michelle von Einem  
Classroom  
Support/Front  
Office



Shenae Walker  
Classroom Support



Nicole Willoughby  
Classroom Support



Jill Woolley  
Pottery

Excursion and Incursion Update			
ACTIVITY	DATE/S	STUDENTS INVOLVED	LAST PAY DAY
Migration & Adelaide Museum	7/9/18	Rm 22	4.00pm 30/8/18
Writers Festival	7th-10th Aug	F-Yr 3	Overdue
Writers Festival	9th- 13th Aug	Rm 22 & 24	Overdue
Writers Festival	13 <sup>th</sup> - 15 <sup>th</sup> Aug	Yr 4/5 - 7	4.00pm 10/8/18
Graduation	11/12	Yr 7	9/11/18



## CANTEEN ROSTER

Tuesday 14<sup>th</sup> Michele S  
 Wednesday 15<sup>th</sup> Michele S  
 Thursday 16<sup>th</sup> Megan K, Simon S  
 Friday 17<sup>th</sup> Helen G, Josie D, Emma S

Tuesday 21<sup>st</sup> Michele S  
 Wednesday 22<sup>nd</sup> Mary-Anne R  
 Thursday 23<sup>rd</sup> Melinda K, Emma S  
 Friday 24<sup>th</sup> Emma S, Rhonda P, Stacey C,  
 Renae W



### CELEBRATING OUR TRANSITION TO FULLY COMPOSTABLE PACKAGING IN THE CANTEEN

Book Week treasure box lunch meal deal on Monday 20 August 2018

#### Option 1 \$5.50

Chicken Nuggets, mini spring rolls and potato gems (tomato sauce + 30 cents)

Strawberry slices and apricot balls

#### Option 2 GLUTEN FREE \$5.50

Chicken Nuggets and potato gems (tomato sauce + 30 cents)

Rice Sticks

Orders via Qkr! (preferred)

or in person with cash at the canteen only

by 12 noon Thursday 16 August 2018

TO CONSERVE PAPER THERE WILL BE NO PRINTED MATERIAL SENT OUT FOR THIS MEAL DEAL

## mindfulness Coping in a busy world

A scientifically proven practice used to reduce daily stress and anxiety, calm our mind, improve the immune system, improve relationships with others, improve parenting skills and increase our attention and focus.

*"It has helped me become aware of so many more moments in my day."*  
Sarah, parent

*"It has concretised my faith in mindfulness and how effective it is for good mental health and also lead to a happier, less stressful and less anxious life."*  
Karen, parent

### Five week courses

#### Wednesday Mornings

22 August – 19 September  
9:00am – 10:15am

#### Wednesday Evenings

22 August – 19 September  
7:00pm – 8:15pm

Both courses subsidised for local families ■ Adults/Parents \$30 (further concession available)  
■ Educators \$100 (attendance certificate provided)

### Three week course

#### Mindfulness practice for men

Thursdays 23, 30 August & 6 September  
7:00pm – 8:15pm Subsidised cost – \$20 (Full cost – \$45)

Professional mindfulness coaching for children, teenagers and adults also available.

#### Where?

Ardtornish Children's Centre  
2 Saarinen Avenue St Agnes SA 5097

#### Bookings

Contact John or Jo at Ardtornish  
Tel 08 8264 9828 / SMS 0409 984 495

Ardtornish Children's Centre  
for Early Childhood Development and Parenting

mindfulclassroom.com.au  
info@mindfulclassroom.com.au  
Tel 0408 306 100

### Assembly Coffee Mornings

A reminder that whenever there is a school assembly, the Children's Centre has coffee, heating and company from school drop off until assembly.

John Buckell

82649828, 0409984495 or email john.buckell@sa.gov.au

FosterCare  
Join the Family.

### Have you ever thought of being a Foster Carer?

Foster Carers are needed to provide overnight emergency, long-term, short-term and respite care. You can be either single, couples, working full-time, part-time or studying. Free training and ongoing professional support (including 24-hour assistance) is provided.

For more information, or to book into one of our information sessions, please call Linda on 8131 3456

[www.anglicaresa.com.au/foster-care](http://www.anglicaresa.com.au/foster-care)



ANGLICARESA

**Pupil Free Day  
Monday 3<sup>rd</sup>  
September 2018**





## Star of the Yard Award



### Term 2

Week 3 - Cooper V Room 19 and Erin F Room 28

Week 9 - Gemma R Room 18 and Tammy V Room 29

### Term 3

Week 2 Nikkita W Room 10 and Ben G Room 28



## ICAS COMPETITION RESULTS

During Term 2 students from years 2-7 participated in the following

ICAS Competitions. 12 in Digital Technologies and 8 in Science.

Well done to the following students.

### DIGITAL TECHNOLOGIES

**Credit** – Summer H, Levi H, Lily H & Skye H

**Distinction** – Matthew G

### SCIENCE

**Credit** – Hudson G, Gargee V & Ben N

## Medication in Schools

Department for Education policy on Administering Medication in schools is:

- \* All medication that needs to be administered in school is required to be accompanied with a completed Medication Authority form, which is to be filled out by the Doctor.
- \* Medication must be within the expiry date of the product and delivered in the original container; with the label from the pharmacy, that has the child's name on it.
- \* If self-administering, a completed Medication Authority form still needs to be completed by the Doctor.

## Principal's Award

### Getting Along - Week 2



Sovereign H, Brooklyn T

Brock J, Kelly M

Oliver H, Adi A

Natalie S, Amanda S

Jaiden S, Matisse B

Maddison J, Hong C

Levi H, Havana S

Mason D, Aria E

Zac S, Tania N, Cooper N-J

Chloe S, Fergus B

Maddi L, Austin L

Jessica O, Lachlan W

Josh C, Sienna L

Madison C, Linkin T

Ethan T, Charlie R

Danika L, Ashleigh J



## School Mobile Phone

If your child is going to be absent from school you can send a text to 0447 467 152.

## Book Week Art Competition



### "Find Your Treasure"

and



### "Peter Pan"

This year there are 2 themes for the art competition,

**Find Your Treasure**—The Children's Book Council of Australia's Book Week theme for 2018. What is your treasure?

**Peter Pan** – At the end of Term 3, 6 classes will be performing the classic story of Peter Pan.

Make your entry (or entries) for the Book Week art competition. You can use any art form, for example...

paintings, models/sculptures, dioramas, drawings, collage, Lego constructions etc.

Make sure we have your entry at the library by

Monday, August 19th.

Have your name, age and class on each entry.



# Tracey's Care Column



Hi Parents/Caregivers,

Over the coming weeks I will be hosting lunchtime activities on Tuesdays commencing 14th August.

I have tried to cater for all age groups and hope that your child will find something they like.

Please note that the Minute to Win It Games are for Year 6 & 7 only. Chalk Drawing is for Reception to Year 3 only.

All lunchtime activities are free.

Children will be notified where to meet by their class teacher on the morning of the event.

- 14/8 Board & Card Games
- 21/8 Minute to Win It Games Year 6-7 only
- 28/8 Beading
- 4/9 Spring Treasure Hunt
- 11/9 Painting river stones
- 18/9 Chalk Drawing Rec – Year 3 only
- 25/9 Obstacle Course

If your child would like to attend the activities please complete the form by marking the desired activities and sign the attached slip and return to the class teacher or the front office by Friday 10<sup>th</sup> August.

I look forward to a lot of fun.

Tracey ☺

Pastoral Care Worker

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## Lunchtime Activities with Tracey

Name ..... Class.....Year.....

- 14/8 Board Games
- 21/8 Minute to Win It Games
- 28/8 Painting river stones
- 4/9 Spring Treasure Hunt
- 11/9 Beading Year
- 18/9 Chalk Drawing
- 25/9 Obstacle Course

Parent/Carer Signature..... Date.....