



Ardtornish Newsletter

Term 3 Week 7 4th September 2020

Ph: 8264 8099 – Mobile 0447 467 152 - Email: dl.1540.info@schools.sa.edu.au - OSHC: 8369 4069



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Diary Dates

September

- 7th - Lauren Mullinder –
Illustrator Rm's 7/8/9/10,
Governing Council 7pm
- 9th - Lauren Mullinder –
Illustrator Rm's 9/10/30/31
- 17th - SAPSASA Boys and Girls
Soccer Carnival
- 18th - Assembly (students and
staff only)
- 25th - Last Day Term 3 – 2.00pm
Dismissal

October

- 12th – First day Term 4
- 19th – Bookweek
- 26th – Camp – Room 18 & 24

Road Crossing Monitors

Wed 9th Sep – Tue 15th Sep
Kobe G, Riley B, Tate R

Wed 16th Sep – Tue 22nd Sep
Noah C, Karel W, Maddison J

Wed 23rd Sep – Fri 25th Sep &
(Mon 12th & Tue 13th Oct)
Summer H, Jasmine G

Please arrive by 8.25am

SA Museum Virtual Excursion



As a part of National Science Week, Rooms 7 and 30 were able to participate in a special program at South Australian Museum without leaving school by undertaking a 'virtual excursion.' This event included a museum tour, talk and online Q & A with marine biologists and supported Mrs Gehling's the science program which is focussed on adaptations.

The 'National Science Week' school theme was **Deep Blue: innovations for the future of our oceans**, the museum made a video highlighting the unique coastal and marine habitats of our state through a tour of the Biodiversity Gallery and also gave a peak into, a place many people don't know about, the museum's Science Centre which houses its natural science collections.

Students watched the video tour hosted by Leanne and Andrea, two of the museum's staff, along with guest speaker Elaine, a marine biologist who shared extensive information about South Australia's marine habitats and the diverse range of life it supports.

Students learnt about South Australia's very unique habitats, which include the beach, seagrass meadows, rocky reefs and the open ocean and how different living things have adapted and developed specific features to match them to the system of which they are a part of. Elaine also shared information about the development of exciting new research and technologies to support energy and food production from our oceans and reminded us about the different ways we can help to care for and protect oceans and marine biodiversity.



After some discussion, and brainstorming questions, students joined a live Q & A with Leanne and marine biologists Shirley and Elaine. Student questions covered many topics about their personal experiences of studying and working in marine biology to fishing and the impact of global warming.

Students enjoyed the opportunity to hear from some experts, go behind the scenes and also ask our questions. You can see the Museum's short marine biodiversity video by [clicking here](#).

It's a great resource to use in preparation for planning a visit to the Museum in person.

Excursion and Incursion Update			
ACTIVITY	DATE/S	STUDENTS INVOLVED	LAST PAY DAY 4pm
Graduation		Yr 7	6/11/20
Narnu Farm Camp	26/10 – 28/10	Rm 18 & 24	16/10/20
Narnu Farm Camp	2/12 – 4/12	Rm 19/20	27/11/20
Sing Movie	23/9	Choir	18/9/20
The Greatest Discovery	21/10	3,5,6,11,12, 18,19,20,21, 22,24,26,27, 28,29	19/10/20

(The Greatest Discovery replaces The Little Mermaid & Hunchback of Notre Dame)

CANTEEN ROSTER

Tuesday 8th Michele S
 Wednesday 9th Mary-Anne R
 Thursday 10th Evelyn C, Ling C
 Friday 11th Rhonda P, Stacey C, Jenni F

Tuesday 15th Michele S
 Wednesday 16th Mary-Anne R
 Thursday 17th Tui M, Deneice P
 Friday 18th Kellie F, Nicole I

Principal's Award

For Week 6 - Responsibility



Zac B Isabella B
 Riley M, Aaron S
 Ella P, Ainsley H
 Jess F, Rhys D
 Kira M, Summer H
 Amber C, Matthew G
 Cooper A, Jordyn C
 Georgia S, Maddi T
 James S, Matisse F
 Darcy W, Kiavash B
 Jade J, Isabella G
 Amelie C, Emily S
 Brianna G

Martha W-B
 Indianna C, Lola E
 Sovereign H, Luca L
 Falyn M, Jasmine G
 Taylor C, Lyla C
 Ryder W, Catie T
 Scarlett E, Max D
 Maddison J, Mason D
 Max C, Mikayla N
 Fergus B, Maddison H
 Tobie M, Shantae E
 Aaliyah B Makaela F
 Natalie S, Ava B



School Hats are to be worn from September 1st.

Uniform Donations

If anyone has any uniforms they could donate to the front office to use as spares it would be greatly appreciated. We are currently looking for bigger sized uniforms.

IT'S DISCO TIME!!
FEATURING LIVE BAND...

Hope Valley Church

► DOWNLOADED

Due to our new COVIDsafe plan please email childrens.ministry@hopevalleychurch.com.au for a link to pre-register your child.

HOPE VALLEY CHURCH

KID'S CLUB

FRIDAY 25 SEPTEMBER
 5PM - 7PM

OPEN TO PRIMARY SCHOOL AGE CHILDREN
 \$4 PER CHILD | \$10 PER FAMILY OF 5
 DINNER | DESSERT | DEVOTION

kids...please bring a water bottle

Hope Valley Church
 1265 Grand Junction Road | Hope Valley SA
hopevalleychurch.com.au
 83960788

Star of the Yard

Alice Williams &
 Tristan Rawlings

Term 3 Week 6

2021 enrolment and class structure processes

Accurate enrolment details are needed so we can determine numbers for our 2021 classes. Therefore if your family is considering moving, or you know of someone moving into our area it is important that you let us know as soon as possible. If you have a younger sibling to start next year and you haven't completed an enrolment form please contact the front office staff.

Tracey's Care Column



One of the most common stressors for parents and caregivers is managing their children's device or technology usage. This is true for most families, but particularly true for children with behavioural, social and emotional challenges.

Gaming can be fun but can also become all-consuming for our young people.

Are you concerned that your child may be having trouble regulating their time with gaming or that their gaming seems to be affecting other parts of their life like going to sleep, getting enough sleep, going to school, sports, hobbies, eating & drinking, friendships and relationships.

Developing Minds Psychology & Education have a great website that helps parents with many issues including this one. Some of the matters discussed relating to this topic include.

- Reducing meltdowns when the screens and devices are turned off.
- Talking positively about screens, gaming and technology – at least some of the time.
- Talk calmly with children about the problems and pitfalls that screens, gaming and technology bring to children – in an ongoing, “non-shaming” way.
- Talk calmly with children about the benefits of non-screen based activity.
- Talk compassionately about the difficulty in reducing screen and technology use.
- Create several specific tech/device/gaming rules and apply them consistently.
- Remind children about rules or systems before, during and after screen time.
- Focus on the minimum levels of “screen alternative behaviours” rather than the maximum levels of screen/device use.
- Help children identify strategies they can use to cope with feeling disappointed/frustrated when screens are turned off.
- Have screen/gaming free periods.
- Play their games/use apps/technology yourself.

To find out more and ideas on how to restore balance with the use of technology please go to the website below
<https://developingminds.net.au/blog/2018/5/9/10-ideas-for-less-meltdowns-in-children-with-emotional-and-behavioural-challenges-when-screens-are-turned-off?rq=gaming>

For further information on why our kids love gaming so much you can follow the link below.

<https://www.happyfamilies.com.au/blog/winning-the-gaming-battle-with-our-boys-and-taking-our-parenting-to-the-next-level/>

FREE The Adelaide Primary Health Network have funded parents *with a health care card* who live in the Adelaide metro area to receive one year of free membership to access help online, videos and more.

For more parent information on various topics and support go to
<https://www.calmkidcentral.com/>

Adelaide 36's Basketball Camp

Exciting news out of the Adelaide 36ers camp with club legends Brett Maher and Scott Ninnis returning as the new Community Coaches.

The legends will run programs alongside Head Coach Conner Henry and the 36ers players which will include the school holiday training camps kicking off in October, primary and secondary school clinics and district basketball coaching clinics.

The Adelaide 36ers Junior Basketball Camps will be held each school holiday period, the three-day camps are for children of all ages, genders and abilities. Adelaide 36ers players and Coach Conner Henry will also attend the camps.

October basketball school holiday camp details:

6- 8 October from 9am to 4pm daily at Wayville Sports Centre, \$190/child

Limited places, to book for the October School holidays [click here](#).

For more on community programs:

<https://www.adelaide36ers.com/pages/community-programs>

Courses and Workshops

Lutheran Community Care offer a wide variety of courses and workshops, from esafety for parents & carers, understanding and managing conflict in the workplace, informal counselling, relationship retreat days and many more. Click on the link below to have a look at what they offer.

<https://www.lccare.org.au/courses-and-workshops/course-calendar/>



All Abilities

BASKETBALL PROGRAMS

Learn to play basketball in a safe and friendly environment with trained coaches!

These are just some of the amazing benefits from attending these tailor-made training programs:

- Improved playing skills
- Increased confidence on and off the court
- Greater team-building skills
- One on one engagement with others
- Positive involvement for all.

7 SESSIONS
\$75

Starting on the 8th of August 2020, programs will run every Saturday morning, with all kids receiving an ACBA t-shirt and drink bottle.

Specifically designed for children with:

- An intellectual or physical disability
- Learning and integration difficulties
- Any type of special needs

PROGRAM	DAY	LOCATION	TIME
7-12 years old	Saturday	Turramurra	8.00am - 8.45am
12+ years old	Saturday	Turramurra	8.45am - 9.30am

Register online at www.adelaidebasketball.com.au

Author Visits

By Room 27

During week 5, students from Foundation to Year 3 had 'Author's Week.' We were visited by Author Katrina Germein and Illustrator Mandy Foot. Katrina spoke to the classes about how she forms ideas for her stories, turns the ideas into sentences and then how the sentences become pages in her books.

Katrina shared her latest stories with us, including a new story that is yet to be published. It was a story about a dinosaur in Adelaide city. Katrina left students with a writing prompt to write their own stories about the dinosaur. Students in Room 27 have been working hard on their stories and soon they will be published in the library for everyone to read!

Here are some examples of Sizzling Starts Room 27 students have written to get you interested in their stories - you can read the rest of the stories later this term when they are on display in the library!

"I'm so scared a dinosaur is on the loose, what we should do Brooklyn?" said Ava. The dinosaur then roared at us, "there is nowhere you can hide!"

'Stop chasing us you horrible brute,! Shouted one of the kids!. "Rooooar," went the Dinosaur. The kids were so scared, "we have to be quiet," whispered Mike to Milly.

"Hello dinosaur," said Luna. "Ah Luna get away from the dino!" Miss Rundle yelled. The students were all running away except for little Luna.

"AAAAAAAAGGGGGGGHHHHHHHHH!!!!!!" yelled the kids, "the dinosaur is chasing us!" The students were in the middle of the museum in the art gallery but now... they're getting chased around the city by a dinosaur!

"Ahhhhhhh!" screamed Max. "There is a massive T-Rex trying to hurt us! What should we do?" The Dinosaur was chasing all the kids everywhere in the massive museum.

