



Ardtornish Newsletter

Term 4 Week 1 20th October 2023

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In this Issue

- New Environmentally Friendly Waste System
- Canteen Roster
- Excursion/Incursion Update
- Colour Run
- Well done Chloe & Sienna!
- Class Placement Process
- Student Safety after School
- Principal's Award
- My Child & Me Workshop
- Chromebooks 2024
- Hiccup! By Room 19

Diary Dates

October

24th - Pupil Free Day, Education Committee Mtg 7.30pm
27th - Cricket Carnival
30th - Governing Council Meeting 7.00pm

November

3rd - Colour Fun Run
8th - Yr 6 High School Prep Day
10th - JAM Band Performance
13th - School Closure Day
14th - NFL Flag Tag Nationals – Gold Coast
15th - 6.30pm Sports Portfolio
17th - Lacrosse Carnival
28th - Education Committee Meeting 7.30pm

Road Crossing Monitors

Wed 18th Oct – Tue 24th Oct
Brodie G, Lucas M, Nathaniel B

Wed 25th Oct – Tue 31st Oct
Braxton M, Daniel P, Cooper F

Wed 1st Nov – Tue 7th Nov
Amelie C, Tayah G, Ruby C

Please arrive by 8.25am

New Environmentally Friendly Waste System Introduced



Hannah, Ella and Ainsley with our new bins

This term the school has moved to a new four bin waste system designed to support the recycling of rubbish as DfE works to become more environmentally friendly.

The system separates rubbish into four categories with a coloured bin for each.

The **RED Bin** is for general waste. This includes paper products that might be contaminated by food such as paper lunch wraps and bags, chip packets etc.

The **BLUE Bin** is for clean paper. This is where we put old work sheets etc.

The **GREEN Bin** is for organic waste. This includes all food scraps and paper toweling and tissues.

The **YELLOW Bin** is for recycling. This includes cans, juice boxes, plastic & glass bottles.

Even though students have been provided with training in how to use the bins we expect it will take them a while to use them correctly. The main message is, 'if you're not sure what container waste should go into, then put it in the RED bin.' This is because the general waste option avoids contaminating the other bins.

Unfortunately, in today's world, most food comes with excessive packaging and students after eating their recess or lunch may be left needing to dispose of two, three or even four pieces of wrapping. While eating outside, this packaging, can blow away and lead to unintentional littering if students are not vigilant. Hence a great deal of accidental littering does occur. To limit rubbish on the oval students can't take food there.

Parents can support their children to deal more successfully with wrapping waste by embracing the concept of NUDE FOOD. What does the term Nude Food mean? Nude Food is a part of the trend to reduce the use of single use plastic, foil containers or wrapping when we buy, store and transport food.

Top tips to help plan Nude Food lunch boxes

- Start by aiming to replace one single-use, pre-packaged item with a Nude Food item in the lunchbox.
- Look for foods with less packaging in the supermarket e.g Fruit and vegetables
- Buy in bulk. If this is an option for you, the key is to look at the price tag – looking for the lowest price per kilo or price per 100 grams. A big block of cheese and crackers may be a bigger outlay to begin with. But individual packaged cheese and biscuit options will cost more in the long run.
- Set some time aside to prepare as much as you can ahead of time.
- Left overs can be an easier way to include some Nude Food in the lunchbox. You can prepare these ahead of time. Use a thermos and an ice brick to keep food safe. [Read more about food safety](#)

Nude Food doesn't mean you have to go out and buy an expensive lunch box. [Read about lunch box basics.](#)

Nude Food can be an easy and a great way to get your child excited about their lunchbox.

Remember that balance is important and what works best for you and your child should always come first. A search online for 'nude food lunch box' will give you a wealth of information about where you can purchase lunch boxes that have partitions and cooling systems to support using less packaging.



Pupil Free Day – Tuesday 24th October

CANTEEN ROSTER

Tuesday 24th PUPIL FREE DAY
 Wednesday 25th Chris G-G
 Thursday 26th Anna Mc, Kristen V
 Friday 27th Sharon D, Ling C

Tuesday 30th Jenni F
 Wednesday 31st Jenni F
 Thursday 1st Deneice P, Tui M
 Friday 2nd Dianne B, Lisa M, Victoria S

Excursion and Incursion Update

ACTIVITY	DATE/S	STUDENTS INVOLVED	LAST PAY DAY
JAM Band	10/11/23	ALL	1/11/23
SAPSASA Cricket	27/10/23		24/10/23

Pupil Free Day

Tuesday 24th October

School Closure Day

Monday 13th November

Well Done Chloe!

The 2023 Open Schools Championships were held on Friday 22nd September, Nissan Arena in Brisbane. The Open Schools Championships is a chance for all judoka to show off their skills and represent their schools in a friendly and supportive environment. This is a celebration of our youth and their local communities. Judoka from New Zealand and wider Oceania were also in attendance.

Congratulations to Chloe who represented Ardtornish Primary School and her Judo Club SA Judo Academy in her weight category. Chloe had a successful day and came home with gold.

Chloe then went on to compete in the Queensland International Open, where she came home with silver, and then competed in the Kodokan National Championships, where she competed in a mixed gender category and came home with bronze.




Well Done Sienna!

Sienna has just returned from Darwin representing SA in the 2023 Development Team for Calisthenics.

12 girls were selected at the start of the year to represent SA in the Frangipani Cup, held in Darwin.

They were very successful and received 6 gold medals for all 6 items they performed and won the overall aggregate for the Junior age group.





THE BRIGHTEST DAY AT SCHOOL!

REMINDERS

The Colour Explosion School Run4Fun will be on Friday November 3 from 1:30 pm to 2:50 pm.

- Please make sure students wear a WHITE shirt on Friday November 3 and closed in shoes.
- Students will be given free sunglasses and a rainbow headband for the event.
- Students will be covered in non-toxic, biodegradable colour powder from head to toe.
- Colour Powder is made of high-quality corn starch and permitted food colours. Safety data sheet is available upon request.

How Do We Fundraise?

Fundraising for our Colour Explosion School Run4Fun is entirely online. Follow the instructions in your child's sponsorship booklet to create a cybersafe, online profile page at www.australianfundraising.com.au. At the end of our fundraiser, student's incentive prizes are ordered automatically based on their fundraising total and Golden Coins. Students can earn up to 15 unique incentive prizes!

Please note: all cash donations must be converted to online donations before November 3, 2023. We cannot accept any cash donations for this fundraiser.

- ★ If you do not want your child to participate in the colour explosion event, please contact your classroom teacher or let the front office know.
- ★ If you are a cleared volunteer and would like to help on the day, please contact your child's classroom teacher or the front office to register your interest.

For further information, please contact Natalie Hall via Natalie.hall505@schools.sa.edu.au or 08 8264 8099.

Mrs Natalie Hall
 Student Wellbeing Leader

Class Placement Process for 2024

This term we commence the complex process of establishing classes for 2024. You should have received a form regarding parent and student input into class placements. This form needs to be returned promptly to the office by the due date Monday 23rd October.

LATE FORM INFORMATION MAY NOT BE ABLE TO BE CONSIDERED.

Accurate enrolment numbers are essential for determining the configuration of year level classes. Therefore if your family is considering moving, it is important that you let us know now. Your new school also needs this information.

Even if your plans are still tentative, tell the front office, as this will allow us to plan a range of contingencies.

Please inform the front office by email dl.1540.info@schools.sa.edu.au or phone call 8264 8099 or by text message to 0447 467 152.

Student Safety after School

In the interest of everyone's safety, students are expected to leave the school grounds as soon as they are dismissed at 3.00pm. There is a teacher on duty from 3.00pm - 3.15pm to supervise students waiting for their parents.

Any children who are unsupervised in the school grounds after 3.15pm will be brought to the office where their parents will be contacted to collect their child.

Please note: The Junior Primary playground is out of bounds after school as it is required for the OSHC program. Teachers are not on duty in the Junior Primary area after school and therefore only OSHC students should be present in this space.

Principal's Award



For Term 3 - Week 8 Be Kind



Gurnoor S	Josh A	Jamillah C
Ntombi H	Em P	Jacob K
Ava B	Luqah G	Sarah A
Caleb B	Lauren H	Yuma Y
Angus C	Allegra F	Hudson C
Indigo S	Kohan J	Hammond Y
Jacob M	Phoenix H	Ari H
Braylee D	Olivia B	Lincoln C
Jithmi W	Jasmine G	Hayley W
Matisse F	Casey H	Casey H
Shaan G	Siyana M	Lacey L
Josh G	Tayah G	Maya R
Leroy R	Stelios P	Noah J
Aubrey S	Arrym K	Braxton B
Dominique R	Luca L	Lacey H
Alice G	Rein H	



My Child and Me Workshop
Connecting, understanding, and guiding...
everyday parenting

Families Growing Together

My Child and Me is a **FREE** workshop that helps you as parents and caregivers build an understanding of your child and their healthy development.

Our workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

Topics to support your parenting include:

- Brain & child development
- Understanding behaviour
- Parenting styles
- Positive approaches to guiding children's behaviour

Our workshops are based on the latest parenting research and use information from Parenting SA.

Light refreshments

Please register via the link below

<https://forms.gle/9zv2yGkrpTYGFENE8>



Where: **Modbury School**
2-18 Golden Grove Rd, Modbury North
Ph: 8264 2027 email: dl.0272.admin@schools.sa.edu.au



When: Part 1 – Wednesday 8th November 2023
Part 2 – Wednesday 15th November 2023
Time: 5.30pm – 8.00pm

To book: <https://forms.gle/9zv2yGkrpTYGFENE8>
Or scan the QR code

Everyone is welcome, bookings essential.

Please arrive 10 minutes early to register.

Delivered by the Department of Human Services.



Chromebooks 2024 for Year's 4-6

Purchasing of Chromebooks for 2024 is now only available through a portal on JB Hi-Fi Education. Ardtonish will not be selling chromebooks. You can also purchase a chromebook from Harvey Norman, Officeworks or any other store.

The chromebooks purchased through JB Education Portal includes a 3 year warranty.

Click on the link below and enter the school code. Add-ons and payment terms are available. Afterpay and Zip payment options available.

Once purchased please pass the device on to Scott to be registered ready for use at school. Please note high demand may impact availability, please allow a few weeks or more when ordering.

<https://www.jbeducation.com.au/byod/>

The code is **APSBYOD2024**



Hiccup! By Room 19



In Week 10 of Term 3, Rooms 19, 26 and 27 went to the Adelaide Festival Centre to see the play Hiccup!
Hiccup is a puppet show about a camper who is trying to find a quiet place to camp but is interrupted by a Koala who has the hiccups! Quokka and Emu try to help Koala find a cure for the hiccups and they have lots of adventures on the way.

It was very funny - *Elliot*

The Quokka and Emu loved shiny things and wanted to go to the city - *Ewan*

I really liked it when they sang - *Jesirae*

Lucky was a little bear and it was very cute - *Zara*

There was lots of people at the show and it was very exciting - *Aubrey*

It was very cool at the end when it was doing flashing lights - *Luke*

Room 19 were inspired by the play to make their own finger puppets and created their own puppet show in groups.

